

Almased®

Quick and permanent weight loss with Almased®

Lose weight without the dreaded yo-yo effect!

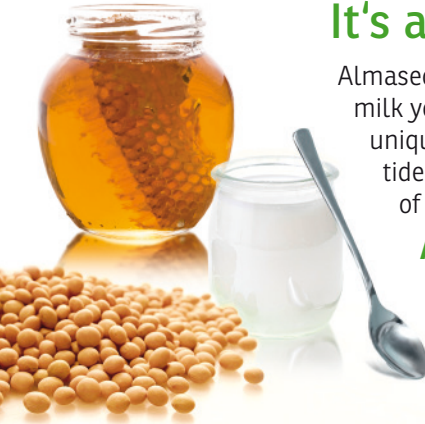
It's all natural

Almased® is made from high-quality non-GMO soy, skim milk yogurt powder and enzyme-rich natural honey in a unique fermentation process that releases bioactive peptides. It contains all amino acids, especially high amounts of essential amino acids and enzymes for easy digestion.

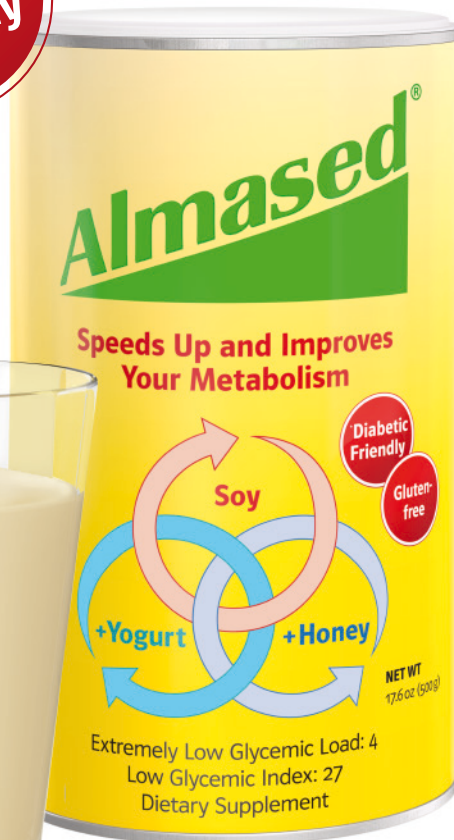
Almased® does not contain:

Artificial fillers, flavors, added sugars, preservatives, stimulants or caffeine

- Non-GMO
- Gluten-free
- Low-carb
- Low glycemic index



Look for Almased® in Walgreens, GNC, the Vitamin Shoppe, Vitamin World and health food stores and pick up your **FREE Figure Plan Guide**. The Guide is also available for download on our website.



For more information about Almased®, call toll-free **1-877-ALMASED (1-877-256-2733)** or visit www.almased.com

...simply because it works

Supplement Facts

Serving Size: 8 tablespoons (50g)
Servings Per Container: 10

Amount Per Serving	% Daily Value*
Calories 180	
Calories from Fat 9	
Total Fat 1.0g*	1.5%
Saturated Fat 0.5g*	2.5%
Trans Fat 0g	**
Polyunsaturated Fat 0.1g	**
Monounsaturated Fat 0.4g	**
Cholesterol 3mg	1%
Sodium 340mg	15%
Potassium 500mg	14%
Total Carbohydrates 15g*	6%
Dietary Fiber 0.5g*	2%
Sugars 15g	**
Protein 27g*	54%

Vitamin A	794 IU	16%
Vitamin C	16mg	27%
Vitamin E	6 IU	20%
Thiamin (Vitamin B1)	.5mg	33%
Riboflavin (Vitamin B2)	6mg	350%
Vitamin B6	.7mg	35%
Calcium	215mg	22%
Iron	4.9mg	27%

* Percent Daily Values are based on a 2,000 calorie diet.
** Daily Value not established.

Essential and Potentially Essential Amino Acid Content of Protein Ingredients

Amino Acid	Per Serving 50g	
L Tyrosine	950mg	L Leucine 2300mg
L Methionine	400mg	L Isoleucine 1400mg
L Cystine	300mg	L Valine 1400mg
L Lysine	1550mg	L Histidine 700mg
L Threonine	950mg	L Arginine 1800mg
L Tryptophan	400mg	L Phenylalanine 1300mg

Ingredients: Soy Protein Isolate, Honey, Skim Milk Yogurt Powder, Potassium Chloride, Magnesium Carbonate, Calcium Citrate, Vitamin C, Niacin, Color Additive: Riboflavin (Vitamin B2), Vitamin E, Zinc Oxide, Ferrous Fumarate, Manganese Sulfate, Calcium Pantothenate, Vitamin B2, Vitamin B6, Vitamin B1, Vitamin A, Folic Acid, Potassium Iodide, Sodium Selenite, Biotin, Vitamin D3, Vitamin B12

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease. As always, consult your doctor or health care team before beginning any weight loss program or reducing your dosage of current medications.